Dear Carrollton Community,

It is hard to believe that we have just finished our third week of remote learning. It is good to know that in a few more days we will begin our Easter Holiday. I encourage everyone to take some time away from their screens (whether we are obsessively following every single posting about the pandemic or binging on a new or favorite show) and engage with our families. One parent emailed me last week writing the following:

I am enjoying my kids, taking long walks with them, playing board games, cooking, and having conversations that we would never have otherwise had. I do feel that they are taking a pause from rigorous education, but there’s another - perhaps more valuable - education that they are gaining during this time. Keeping that perspective, we are trying not to get overwhelmed by the news or the situation.

In the coming days we will create a resource link that will share ideas for family activities. In the meantime, remember that recipes for cooking are a wonderful opportunity for applying division and multiplication, card and board games can teach and reinforce math, problem solving, and strategic thinking. You can find the video of Dr. Lisa Damour’s presentation on our portal at this link. Here is a link to ways to practice controlled breathing, one of the strategies Dr. Damour recommended.

Remembering that tomorrow is Palm Sunday, I encourage you to engage in Mass and activities online with your parishes. If you do not have an online option, you can find the link to St. Hugh online Masses here. Father Vallee and I are preparing a video of the Stations of the Cross that will be made available on our Spirituality page once it is completed.

For inspiration, I recommend reading the article found at this link (the Spanish translation can found here). As the title suggests, this can be our “Finest Hour.”

I want to thank everyone again for your tireless efforts, your feedback, collaboration, and your prayers as we all face this incredible challenge to our school, city, state, nation, and world.

Be safe, be healthy, above all be kind.

With love and prayers,

Olen